

 **Fish** 满 家乐海鲜饭店
Market Mont Kiara

 鱼市场餐厅
FISH MARKET RESTAURANT

【鱼市场】

FISH MARKET ALA CARTE MENU





餐前小吃

APPETIZER

冰菜烟鸭胸肉

Chilled Iceplant with Smoked Duck Breast Meat

RM58

Per Portion

冰菜沙律

Chilled Iceplant with Mixed Salad Vege

RM48

Per Portion

咸蛋炸苏东

Deep-fried Squid with Salted Egg

RM38

Per Portion

椒盐炸苏东

Deep-fried Squid with Salt & Pepper

RM38

Per Portion

咸蛋炸鱼皮

Deep-fried Fish Skin with Salted Egg

RM30

Per Portion

椒盐炸白饭鱼

Deep-fried White Plant with Salt & Pepper

RM30

Per Portion

椒盐炸鱼皮

Deep-fried Fish Skin with Salt & Pepper

RM30

Per Portion

咸蛋炸白饭鱼

Deep-fried White Plant with Salted Egg

RM30

Per Portion

咸蛋炸白饭鱼

Deep-Fried Silver Fish with Salted Egg

椒盐炸茄子

Deep-fried Eggplant with Salt & Pepper

RM30

Per Portion

霹雳羊角豆

Marinated Lady Finger with Chili & Lime Sauce

RM30

Per Portion

烟熏鸭胸肉

Smoked Duck Breast Meat

RM30

Per Portion

炸馒头

Deep-fried Plain Bun (6 Pcs)

RM 7

Per Portion

蒸馒头

Steamed Plain Bun (6 Pcs)

RM 7

Per Portion



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鱼翅 | 羹 | 汤类

SHARK FIN SOUP / DOUBLE BOILED SOUP

虫草花花胶炖走地鸡汤

Double-boiled Village Chicken Soup with Fish Maw & Cordyceps Flower

RM268
(8 - 10 Persons)

红烧龙门白沙生翅

Braised Chef Superior Shark's Fin Soup

RM258
Per Portion

虫草花炖走地鸡汤

Double-boiled Village Chicken Soup with Cordyceps Flower

RM188
(8 - 10 Persons)

干贝带子烩金钱翅 (每盅)

Braised Superior Shark's Fin Soup with Scallops & Dried Scallops

RM88
Per Portion

桂花炒鱼翅

Sauteed-fried Shark's Fin & Eggs

RM58
(4 - 5 Persons)

蟹皇鱼翅 (每盅)

Braised Shark's Fin Soup with Crab Meat

RM38
Per Portion

石斛炖鸡汤

Double-boiled Chicken Soup with Dendrobium & Chinese Herb

RM38
Per Portion

鸡窝汤

Chef Signature Double Boiled Fragrance Chicken Soup

RM38
Per Portion

海鲜豆腐羹 (每盅)

Seafood Tofu Beancurd Thick Soup

RM28
Per Portion

鲍鱼 | 海味类

ABALONE & DRIED SEAFOOD



红烧鲜鲍鱼伴鹅掌

Braised Fresh Abalone & Goose Web with Superior Sauce

RM238

Per Person



海味煲

Braised Dried Seafood Treasure in Claypot

RM198

Serves 6 Persons

鲜鱼

FRESH FISH

时价

Seasonal Price

笋壳鱼

Soon Hock Fish

多宝鱼

Turbot Fish

龙虎斑

Tiger Grouper Fish

东星斑

Dong Xing Fish

泰星斑

Tai Xing Fish

西星斑

Xi Xing Fish

苏眉

"Soo Mei"
Napoleon Fish

老鼠斑

Humbuck
Grouper Fish

鳕鱼

Cod Fish

烹调法

Cooking Method

港式清蒸

Steamed with
Superior Soy Sauce

芹香煲

Braised with
Celery in Claypot

椒仔面豉焗

Baked with Bean
Paste & Chili

金银蒜冬粉蒸

Steamed with
Vermicelli & Garlic

手拍姜蓉蒸

Steamed with
Minced Ginger

香爆炒

Sauteed-fried
Black Pepper Paste
with Chili and
Curry leaf

麒麟蒸

Steamed with
Mushroom & Ham

鲜竹枝蒸

Steamed with
Beancurd Stick

糖醋炸

Stir-fried with
Sweet & Sour Sauce

堂灼刺身

Steamboat
Sashimi Style

巴东酱

Stir-fried with
Batong Sauce

海鲜烹调法

SEAFOOD COOKING METHOD

招牌咸蛋炒

Sauteed-fried with Salted Egg

法式湿奶油

Sauteed-fried with Creamy Butter

新派椒盐

Sauteed with Pepper & Salt

芝士焗

Baked with Cheese & Minced Garlic

避風塘

Sauteed with Black Bean & Dried Chili

古法豉油皇

Steamed with Soy Sauce

西式蛋丝

Western Style Egg Shreds

米酒顶级上汤焗

Baked with Rice Wine in Superior Soup

上汤白灼

Poached with Superior Soup

糖醋五柳

Deep-fried with Sweet & Sour Sauce

堂灼刺身

Steamboat Sashimi Style

蛋白蒸

Steamed Egg White

满家乐自制三鲜

Mont Kiara homemade Three Varieties Seafood

- 沙白 White Clam
- 鲜鱿 Fresh Squid
- 虾球 Shrimp Balls

秘制金牌酱

Chef Secret Special Sauce

辣子酱

Chili Paste (Dry / Sauce)

虾米椒仔炒

Stir-fried with Dried Shrimps Chili

豉汁粉丝蒸

Steamed with Black Bean Sauce

生蚝

Oyster

生蚝 XL

Oyster XL

时价

Seasonal Price

生蚝 2XL

Oyster 2XL

时价

Seasonal Price

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价格以当日市场价格为准 The price follows the market price of the day.





阿拉斯加帝皇蟹
Alaskan King Crab

季节海上鲜

SEASONAL SEAFOOD

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澳洲塔斯马尼亚皇帝蟹
Tasmanian King Crab

法国面包蟹
French Crab



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肉蟹

MUD CRAB

肉蟹2XL

Live Mud Crab 2XL

肉蟹4XL

Live Mud Crab 4XL

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贝类

SHELLFISH



圣子皇 | 竹蛏
Bamboo Clam



加洲象拔蚌
Californian Geoduck

北海道扇贝
Hokkaido Scallops

带子皇
Emperor Scallop



沙白
Clam



鲜蛤
Fresh Bloody Clam



鲍鱼
Abalone

虾类

PRAWN

明虾
White Prawn

赖尿虾
Mantis Prawn

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大头虾
River Prawn



老虎虾
Tiger Prawn



西澳龙虾
Australian Lobster

加拿大龙虾
Canadian Lobster



鸡 | 鸭肉

POULTRY

满家乐招牌烧鸡 (预订)

Mont Kiara Special Roasted Chicken (Pre-Order)

RM90 | RM168

Half

Whole

乌龙茶叶蜜汁鸡

Deep-fried Chicken with Oolong Tea & Honey Sauce

RM38

Per Portion

盐蒸文昌鸡 (预订)

Steamed Village Chicken with Chinese Herbs (Pre-Order)

RM88 | RM168

Half

Whole

咸蛋鸡柳

Sauteed-fried Boneless Chicken Slices with Salted Eggs

RM38

Per Portion

白切文昌鸡 (预订)

Simmered Traditional Village Chicken (Pre-Order)

RM88 | RM168

Half

Whole

金香鸡柳

Stir-fried Boneless Chicken with Curry Leaf

RM38

Per Portion

杏花鸡 (预订)

Stuffed Chicken with Shrimp Paste & Almond Flakes (Pre-Order)

RM60 | RM138

Half

Whole

霸王辣子鸡

Stir-fried Diced Chicken with Dried Chili & Garlic

RM38

Per Portion

古法子姜鸭

Sauteed Duck with Ginger Shoots in Tradition Style

RM43

Per Portion

凉瓜炆鸡

Braised Chicken with Bitter Gourd

RM38

Per Portion

醉酒走地鸡

Drunken Village Chicken with Soup

RM38

Per Portion

绍兴酒云耳焖鸡煲

Braised Chicken with Black Fungus & Chinese Wine

RM38

Per Portion

咕佬鸡

Sweet & Sour Chicken

RM38

Per Portion

虾酱炸鸡翅

Deep-fried Chicken Wing with Shrimp Paste

RM35

Per Portion

麻油姜丝走地鸡

Braised Village Chicken with Sesame Oil & Ginger Slices

RM38

Per Portion

咕佬鸡

Sweet & Sour Chicken



霸王辣子鸡

Stir-fried Diced Chicken
with Dried Chili & Garlic



金香鸡柳

Stir-fried Boneless
Chicken with Curry Leaf



其他肉类

OTHER MEAT

纽西乳羊肩骨

Grilled New Zealand Lamb
Shoulder with Red Wine Sauce

RM168

(3 - 4 Persons)

黑椒煎安格斯牛仔粒

Pan-fried Angus Beef Cube with
Black Pepper Sauce

RM138

Per Portion

脆皮乳鸽 (预订)

Crispy Roasted Pigeon
(Pre-Order)

RM68

Per Pc

鹿肉

Venison Meat

RM68

Per Portion

- 姜葱炒 Sauteed Fried with Ginger & Spring Onion
- 黑椒炒 Sauteed Fried with Black Pepper Sauce

鸵鸟肉

Ostrich Meat

RM38

Per Portion

- 姜葱炒 Sauteed Fried with Ginger & Spring Onion
- 黑椒炒 Sauteed Fried with Black Pepper Sauce

纽西乳羊肩骨

*Grilled New Zealand Lamb
Shoulder with Red Wine Sauce*



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蔬菜

VEGETABLES

湖泊芦笋野菌炒带子

Sauteed-fried Asparagus
Scallop with Mushroom &
Top with Walnut

RM68 | RM88

Medium

Large

清炒姜汁芥兰

Stir-fried Kailan with
Ginger Sauce

RM38 | RM58

Medium

Large

西兰花炒虾球

Stir-fried Broccoli with Shrimp

RM68 | RM88

Medium

Large

马来四大天王

Stir-fried Four Varieties
Vege with Belacan

RM38 | RM58

Medium

Large

芦笋炒虾球

Stir-fried Asparagus & Shrimp

RM68 | RM88

Medium

Large

杏片福果小炒皇

Stir-fried Assorted Vege
Top with Almond Slices

RM38 | RM58

Medium

Large

老干妈酱牛肉炒芥兰

Stir-fried Kailan with Beef Chili
& Black Bean Sauce

RM48 | RM68

Medium

Large

南乳家乡斋

Stir-fried Assorted Vege
with Fermented Beancurd

RM38 | RM58

Medium

Large

二松芥兰

Fried Kailan Two Varieties Way

RM38 | RM58

Medium

Large

咸蛋桂豆苗

Stir-fried French Bean
with Salted Egg

RM38 | RM58

Medium

Large

XO酱炒芦笋

Stir-fried Asparagus with
XO Sauce

RM38 | RM58

Medium

Large

腐乳油麦

Braised Lettuce with
Fermented Beancurd

RM38 | RM58

Medium

Large

上汤苋菜苗

Chinese Spinach in
Superior Soup

RM38 | RM58

Medium

Large

香港菜心

Stir-fried Hong Kong
Choy Sum

RM38 | RM58

Medium

Large

蟹味菇炒青龙菜

Fried Green Chives Vege with
Lion's Mane Mushroom

RM38 | RM58

Medium

Large



西兰花炒虾球

Stir-fried Broccoli with Shrimp



湖泊芦笋野菌炒带子

*Sauteed Fried Asparagus Scallop
with Mushroom & Top with Walnut*

豆腐

BEANCURD

麻婆豆腐

"Ma Po" Beancurd

RM38 | RM58

Medium

Large

胜瓜豆腐

Braised Beancurd with
Luffa Gourd

RM38 | RM58

Medium

Large

椒盐豆腐

Deep-fried Beancurd
with Salt & Pepper

RM38 | RM58

Medium

Large

豆根炆豆腐

Braised with Beancurd
Stick Skin

RM38 | RM58

Medium

Large

招牌风味竹炭豆腐

Signature Charcoal Homemade
Beancurd with Minced Meat in
Szechuan Sauce

RM38

Per Portion

南洋西施海鲜豆腐煲

Braised Beancurd with Assorted
Seafood Served in Claypot

RM48

Per Portion

招牌风味竹炭豆腐

Signature Charcoal Homemade
Beancurd with Minced Meat in
Szechuan Sauce



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胜瓜豆腐

*Braised Beancurd with
Luffa Gourd*



麻婆豆腐

"Ma Po" Beancurd



蛋类

EGG SELECTION

黑松露虾仁滑蛋

Scramble Egg with Black Truffle & Shrimp

RM38

Per Portion

黑松露番茄滑蛋

Scramble Egg with Black Truffle & Tomato

RM28

Per Portion

蒸水蛋

Steamed Egg

RM20

Per Portion

虾仁煎蛋

Pan-fried Egg with Shrimp

RM28

Per Portion

胜瓜炒蛋

Stir-fried Egg with Luffa Gourd

RM20

Per Portion

虾仁蒸蛋

Steamed Egg with Shrimp

RM28

Per Portion

虾仁煎蛋

Pan-fried Egg with Shrimp



饭 | 面类

RICE & NOODLES

招牌龙虾捞饭

*Chef's Signature Supreme
Lobster Fried Rice*

时价

Seasonal Price

招牌黑松露生虾伊府面

*Braised E-fu Noodle with Fresh
Water Prawn & Black Truffle*

时价

Seasonal Price

鱼露米粉

*Stir-fried Vermicelli with
Fish Sauce*

RM28 | RM38

Medium

Large

肉蟹米粉煲

*Stir-fried Vermicelli with Crab
Meat in Claypot*

时价

Seasonal Price

天下第一炒饭

Chef's Signature Fried Rice

RM28 | RM38

Medium

Large

长寿面

Longevity Noodles

RM48

Per Portion

妈妈姜蛋炒饭

*Homely Shredded Ginger &
Egg Fried Rice*

RM28 | RM38

Medium

Large

红烧蟹肉伊府面

*Braised E-fu Noodle with
Mushroom & Crab Meat*

RM48

Per Portion

招牌龙虾捞饭

*Chef's Signature Supreme
Lobster Fried Rice*



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甜品

DESSERT

水果拼盤

Fruit Platter

RM28 | **RM48** | **RM68**
Small Medium Large

南山大寿桃 (一套)

Longevity Birthday Bun Platter (1 Set)

RM68.00

Per Portion

寿桃包仔 (6粒)

Mini Lotus Paste Birthday Bun (6 Pcs)

RM18.00

Per Portion

水晶桂花糕

Osmanthus Crystal Jelly

RM18.00

Per Portion

椰子布丁

Coconut Pudding

RM18.00

Per Portion

雪燕桃胶冻雪梨

Chilled Pear with Snow Swallow & Peach Gum

RM18.00

Per Portion

红豆沙汤圆

Red Bean Paste Glutinous Rice Balls

RM18.00

Per Portion

雷沙湯圓

Peanut Paste & Glutinous Rice Ball with Sesame Filling

RM16.80

Per Portion

花生糊

Peanut Sweet Paste Soup

RM15.00

Per Portion

窝饼

Chinese Pancake

RM15.00

Per Portion



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啤酒类

Beer

Bottle Beer

健力士黑啤酒

Guinness Stout

RM22.80

Per Bottle

虎牌啤酒

Tiger Beer

RM20.80

Per Bottle

喜力啤酒

Heineken

RM18.80

Per Bottle

Draught Beer

虎牌啤酒

Tiger Beer

RM17.80

Per Mug

健力士黑啤酒

Guinness Stout Mug

RM19.80

Per Mug



中国茶

Chinese Tea

茶王

King Tea

RM8

Per Pax

自来茶

BYO Tea

RM3

Per Pax

菊普

Pu'er Chrysanthemum

RM7

Per Pax

白开水

Plan Water

RM2

Per Glass

普洱

Pu'Er

RM7

Per Pax

铁观音

Tie Guan Yin

RM7

Per Pax

香片

Jasmine Tea

RM7

Per Pax



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果汁

Fruit Juice



混合果汁

Mixed Fruits Juice

RM19.80

Per Glass

橙汁

Orange Juice

RM16.80

Per Glass

苹果汁

Apple Juice

RM16.80

Per Glass

西瓜汁

Watermelon Juice

RM16.80

Per Glass

胡萝卜汁

Carrot Juice

RM16.80

Per Glass

椰子水

Fresh Coconut Water

RM13.80

Per Pc

冰柠檬茶

Ice Lemon Tea

RM12.80

Per Glass

可乐

Coca Cola

RM5

Per Can

100号

100 Plus

RM5

Per Can

梳打水

Soda Water

RM5

Per Can

矿泉水

Mineral Water

RM7

Per Bottle 1.5L

汽水

Soft Drink



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FISH MARKET RESTAURANT